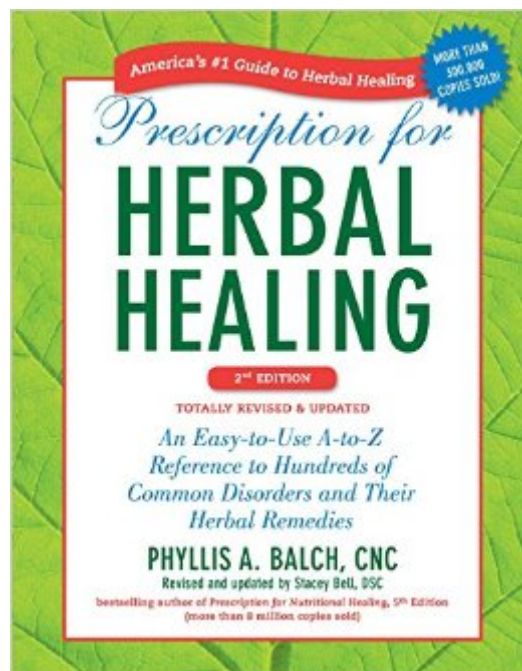


The book was found

Prescription For Herbal Healing, 2nd Edition: An Easy-to-Use A-to-Z Reference To Hundreds Of Common Disorders And Their Herbal Remedies



Synopsis

The definitive source for choosing the optimal herbal therapy- thoroughly revised and updated. Millions of Americans are turning to herbal therapies to heal what ails them-either as an alternative or as a supplement to traditional medicine. From the most trusted name in natural healing, Phyllis A. Balch's new edition of Prescription for Herbal Healing provides the most current research and comprehensive facts in an easy-to-read A- to-Z format, including: Information on more than 200 herbs and herbal combination formulas, ranging from well-known herbs, such as ginseng and St. John's Wort, to less familiar remedies, such as khella and prickly ash Chinese and ayurvedic herbal combinations Discussion of more than 150 common disorders from acne to yeast infection, and suggested herbal treatment therapies

Book Information

Paperback: 656 pages

Publisher: Avery; 2 Rev Upd edition (April 3, 2012)

Language: English

ISBN-10: 1583334521

ISBN-13: 978-1583334522

Product Dimensions: 8.4 x 1.3 x 10.9 inches

Shipping Weight: 3.3 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (98 customer reviews)

Best Sellers Rank: #33,426 in Books (See Top 100 in Books) #28 in [Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy](#) #48 in [Books > Health, Fitness & Dieting > Reference](#) #82 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#)

Customer Reviews

Given how helpful I found the co-authored Nutritional Healing book (I reversed a lupus diagnosis by following the nutritional guidelines presented in this publication), I was dismayed at some lack of depth in the Herbal Healing publication. For example, under Sjogren's the author lists only slippery elm as an herbal response. However, Sjogren's is a systemic autoimmune issue that results in dryness throughout the body. People differ on symptoms, but P.Balch mentions only dry mouth. And then if a person does not respond well to slippery elm, there is no further guidance here. One needs only Google demulcents to find a list of herbal responses to various dryness issues in Wikipedia and WebMD, four of which my Eastern Medicine practitioner included in tinctures for me which then cured my dry mouth: Coltsfoot, Comfrey, Common Purslane, Corn Silk, Couchgrass, Flaxseed, Irish

Moss, Lungwort (demulcent, expectorant, astringent, anti-inflammatory), Liquorice (Glycyrrhiza glabra) [which is also used for osteoarthritis, systemic lupus erythematosus (SLE), liver disorders, malaria, tuberculosis, food poisoning, and chronic fatigue syndrome (CFS)], Mallow, Mullein, Oatmeal, Parsley Piert, Slippery Elm, and Marshmallow (Althaea officinalis) [used for pain and swelling (inflammation) of the mucous membranes that line the respiratory tract]. Some of these are also used for dry cough, inflammation of the lining of the stomach, diarrhea, stomach ulcers, constipation, urinary tract inflammation, and stones in the urinary tract. (The last assertion was found on WebMD.com.) One may find elements of the herbs listed in her book, but cannot rely on the treatments provided for symptoms based only on my initial read related to a handful of health problems with which I am familiar.

[Download to continue reading...](#)

Prescription for Herbal Healing, 2nd Edition: An Easy-to-Use A-to-Z Reference to Hundreds of Common Disorders and Their Herbal Remedies Herbal Antibiotics: 25 Best Herbal Remedies Way To Heal Yourself Faster (Herbal Antibiotics, Herbal Remedies,herbal antibiotics and antivirals) Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) Organic Home Remedies Vol.2 - The BEST No Prescription Needed Guide to Using Natural Remedies to Cure and Detoxify Your Self (Organic Home Remedies Guide, ... Healing, No Prescription Medicines) Herbal Remedies: 30 Herbal Recipe Remedies From My Private Collection: Proven Herbal Recipes That Work! (Herbal Recipes Private Collection Book 1) DIY Herbal Gardening - Learn The Benefits Of Planting The Top 5 Medicinal Plants (Herbal Gardening, DIY Herbal Gardening, Medicinal Plants, Herbal Medicines, Herbal Cure) Natural Remedies for Dogs : 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies) Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality) Herbal Remedies:The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,: herbs,Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Complete Guide to Prescription & Nonprescription Drugs 2016-2017 (Complete Guide to Prescription & Non-Prescription Drugs) Homeopathic Remedies: A Quick and Easy Guide to Common Disorders and Their Homeopathic Treatments Prescription for Nutritional Healing, Fifth Edition: A Practical A-to-Z Reference to Drug-Free Remedies Using Vitamins, Minerals, Her bs & Food Supplements Adult Incontinence: Pelvic cures - A Guide to delay incontinence onset, home

remedies to improve urinary retention (Disorders that affect daily living, ... disorders, urinary disorders Book 1) The Complete Medicinal Herbal: A Practical Guide to the Healing Properties of Herbs, with More Than 250 Remedies for Common Ailments Natural Remedies For Colds And Flu: How To Boost Your Immune System, Protect Yourself Naturally and Prevent Colds and Influenza with Herbal Remedies and Easy Lifestyle Changes The Country Almanac of Home Remedies: Time-Tested & Almost Forgotten Wisdom for Treating Hundreds of Common Ailments, Aches & Pains Quickly and Naturally Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) How to Survive Your In-Laws: Advice from Hundreds of Married Couples Who Did (Hundreds of Heads Survival Guides)

[Dmca](#)